Horseheads Varsity "H" Girls Volleyball Camp

July 14-17

Grades 6-8 3:00-4:30 Grades 9-12 4:30-6:00 Middle School Gym and Fieldhouse

**Registration is online

Camp Location: Horseheads Middle School Gym and Fieldhouse

Drop-off and Pick-up Parking at the **BACK Middle School

FIELDHOUSE Entrance

Equipment Required: A water bottle, preferably labeled with child's name

Shorts, sneakers, knee pads (optional), t-shirt

Registration Fee: \$85.00 (This includes a camp T-shirt)

Make checks payable to: Horseheads Varsity "H" **Bring on the first day of camp.

Camp Director: Megan Merrill Head Varsity Girls Volleyball Coach
Assistants: Past and Present NCAA Players and Club Coaches

Skills Taught:

Team

*Serve receive transition

*Coverage

*Offensive & defensive systems

<u>Individual</u>

*Passing *Serving

*Hitting *Setting

*Blocking *Digging